

AUGUST 2022

TIGER CAFÉ

LUNCH



Barbourville Independent School is an equal opportunity provider.
Menu is subject to change based on availability.
Milk Variety offered daily.



August is National Panini Month! A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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Breakfast for Lunch!
Biscuits & Gravy
Scrambled Eggs
Sausage
Potato Rounds, Fried Apples
Milk

Cheeseburger w/ Fixings
Potato Wedges
Corn on the Cob
Fruit
Milk

Chicken & Waffles
Steamed Broccoli
Cherry Sidekick
Fruit
Milk

Taco Salad
Chips & Salsa
Black Beans
Fruit
Milk

Crispy or Spicy Chicken
Sandwich
Curly Fries
Fresh Veggies
Fruit
Milk
Dessert

Chicken Noodle Soup
Grilled Cheese Sandwich
Steamed Carrots
Fruit
Milk

Club Sandwich
Assorted Chips
Fresh Veggies
Fruit
Milk

Chicken Strip Basket
Fries w/ Gravy
Texas Toast
Fruit
Milk

Pork BBQ Sandwich
Cowboy Beans
Fresh Veggies
Fruit
Milk

Pizza
Corn
Tossed Salad
Fruit
Milk
Dessert

Teriyaki Chicken
Lo Mein Noodles
Steamed Broccoli
Fruit
Milk

Hot Dog w/ Chili
Curly Fries
Baked Beans
Fruit
Milk

Chicken Nuggets
Mashed Potatoes
Green Beans
Fruit
Milk

**Welcome Back,
Tiger Family!**

