

January 2023

# TIGER CAFÉ

Monday

2  
Pizza  
Corn  
Fresh Veggies  
Fruit  
Milk

9  
Chili w/ Beans  
Baked Potato  
Cheese Stick  
Corn Bread  
Fruit  
Milk

16  
Martin Luther  
King Jr. Day:  
  
No School

23  
Chicken Noodle  
Soup  
Cheese Stick  
Steamed Carrots  
Crackers  
Fruit  
Milk

30  
Pizza  
Corn  
Fresh Veggies  
Fruit  
Milk

Tuesday

3  
Cheeseburger  
Assorted Chips  
Baked Beans  
Fruit  
Milk

10  
Hot Dog w/ Chili  
Assorted Chips  
Fresh Veggies  
Fruit  
Milk

17  
Meatball Sub  
Assorted Chips  
Fresh Veggies  
Fruit  
Milk

24  
Cheeseburger  
Potato Wedges  
Baked Beans  
Fruit  
Milk

31  
Hot Dog w/ Chili  
Assorted Chips  
Fresh Veggies  
Fruit  
Milk

Wednesday

4  
Roasted Chicken  
Mashed Potatoes  
Green Beans  
Roll  
Fruit  
Milk

11  
Chicken Nuggets  
Mashed Potatoes  
Broccoli w/  
Cheese  
Fruit  
Milk

18  
Chicken Strips  
Fries & Gravy  
Toast  
Fruit  
Milk

25  
Chicken &  
Waffles  
Green Beans  
Fruit  
Milk

Thursday

5  
Baked Spaghetti  
Tossed Salad  
Bosco Breadstick  
Fruit  
Milk

12  
Taco Salad  
Black Beans  
Chips & Salsa  
Guacamole  
Fruit  
Milk

19  
Beef Vegetable  
Soup  
Grilled Cheese Sand  
Fruit  
Milk

26  
Pork BBQ  
Sandwich  
Assorted Chips  
Fresh Veggies  
Fruit  
Milk

Friday

6  
**Fish Fry Friday!**  
Fish Nuggets  
Hushpuppies  
Roasted Potatoes  
Fruit  
Milk

13  
Chicken Sandwich  
Assorted Chips  
Fresh Veggies  
Fruit  
Milk

20  
Corn Dog Minis  
Mac & Cheese  
Pinto Beans  
Fruit  
Milk

27  
**Fish Fry Friday!**  
Fish Nuggets  
Hushpuppies  
Roasted Potatoes  
Fruit  
Milk

## Lunch Menu



## School Info

Barbourville Independent School is an Equal Opportunity Provider

Menu is Subject to Change Based on Availability

Milk Variety offered Daily

Cold Sandwich variety offered to Middle/HS Students

Dessert Offered Each Friday!

*Did you know?*

As of January 3, 1959, Alaska officially became the 49th state of the United States.