

NOVEMBER 2022 TIGER CAFÉ

MONDAY

7
Chicken Noodle Soup
String Cheese
Crackers
Steamed Carrots
Fruit
Milk

14
Philly Cheesesteak
Curly Fries
Fresh Veggies
Fruit
Milk

21
Breakfast for Lunch
Biscuits & Gravy
Eggs & Sausage
Fried Apples
Potato Rounds
Milk

28
Chicken Noodle Soup
String Cheese
Crackers
Steamed Carrots
Fruit
Milk

TUESDAY

1
Cheeseburger
Potato Wedges
Corn on the Cob
Fruit
Milk

8
Club Sandwich
Assorted Chips
Fresh Veggies
Fruit
Milk

15
Pizza
Corn
Fresh Veggies
Fruit
Milk

22
Hot Ham & Cheese
Sandwich
Assorted Chips
Fresh Veggies
Fruit
Milk

29
Cheeseburger
Potato Wedges
Corn on the Cob
Fruit
Milk

WEDNESDAY

2
Chicken & Waffles
Steamed Broccoli
Fruit
Milk

9
Chicken Nuggets
Mashed Potatoes
Broccoli & Cheese
Fruit
Milk

16
Hot Dog w/ Chili
Assorted Chips
Fresh Veggies
Fruit
Milk

23
No School:
Thanksgiving Break

30
Chicken & Waffles
Steamed Broccoli
Fruit
Milk

THURSDAY

3
Taco Salad
Chips & Salsa
Black Beans
Fruit
Milk

10
Pork BBQ Sandwich
Baked Beans
Fresh Veggies
Fruit
Milk

17
Thanksgiving Dinner
Turkey & Dressing
Mashed Potatoes
Green Beans
Fruit
Milk
Pumpkin Pie

24
*Happy
Thanksgiving!*

Did you know?

The full moon in November
is traditionally called the
Beaver Moon in the US.

FRIDAY

4
Fish Fry Friday!
Fish Nuggets
Hushpuppies
Curly Fries
Fresh Veggies
Fruit
Milk

11
Beef Vegetable Soup
Grilled Cheese
Sandwich or Peanut
Butter Sandwich
Fruit
Milk

18
Chicken Sandwich
Assorted Chips
Baked Beans
Fruit
Milk

25
No School:
Thanksgiving Break

Lunch

We are
Thankful for
YOU!



School Info

**Barbourville
Independent School** is
an Equal Opportunity
Provider

Menu is subject to
change based on
availability

Milk Variety offered
Daily

Cold Sandwich variety
offered daily to
Middle/HS students

Dessert offered on
Friday!