

- 2023 -

SEPTEMBER

FRIDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

TIGER CAFÉ Breakfast Menu

- Grab-and-Go Breakfast Available Daily
- Second Chance Breakfast Available Until 9:30 Grades 7-12



4

Labor Day
No School

5

Egg & Cheese Biscuit
Fruit
Juice
Milk

6

Assorted Cereal Bar &
Yogurt
Fruit
Juice
Milk

7

Sausage Biscuit
Fruit
Juice
Milk

8

Assorted Muffin
Fruit
Juice
Milk

11

Assorted PopTart Pastry
Fruit
Juice
Milk

12

Egg & Cheese Biscuit
Fruit
Juice
Milk

13

Assorted Muffin
Fruit
Juice
Milk

14

Sausage Biscuit
Fruit
Juice
Milk

15

Assorted Cereal Bar &
Yogurt
Fruit
Juice
Milk

18

Waffles
Fruit
Juice
Milk

19

Egg & Cheese Biscuit
Fruit
Juice
Milk

20

Mini Donuts
Fruit
Juice
Milk

21

Sausage Biscuit
Fruit
Juice
Milk

22

Bagel
Fruit
Juice
Milk

25

Assorted Cereal Bar &
Yogurt
Fruit
Juice
Milk

26

Egg & Cheese Biscuit
Fruit
Juice
Milk

27

Assorted Muffin
Fruit
Juice
Milk

28

Sausage Biscuit
Fruit
Juice
Milk

29

French Toast
Fruit
Juice
Milk